

Policy for: PSHE

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*this policy has been adapted from the model policy from The Key

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1. Aims

At Newdigate Primary School it is our intent to provide the best start in life for all pupils in our care by providing a broad, balanced and enriching curriculum. We intend that our pupils acquire the knowledge, understanding and skills they need to manage their lives, now and in the future. As part of a whole school approach, we will teach the qualities and attributes pupils need to thrive as individuals, family members and members of society. We provide a framework in which sensitive discussions can take place. We will prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene. We will help pupils develop feelings of self-respect, confidence and empathy. We will do so by creating a positive culture around issues of sexuality and relationships. We intend to teach children to be responsible and look after others.

The aims of personal, social, health and economic (PSHE) education in our school are to:

- Equip our pupils to be happy, healthy and responsible members of society and to reach their potential
- Provide our pupils with the knowledge and skills needed to successfully tackle the social, moral, spiritual and cultural issues that face them growing-up in their local environment
- Provide a framework in which sensitive discussions can take place
- Help pupils develop feelings of self-respect, confidence and empathy
- Teach pupils about their rights and responsibilities
- Promote British Values

Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

The children are taught about positive relationships and respect for others and how these link to promoting good mental health and well-being. They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

PSHE will support the development of the skills, attitudes, values and behaviour, which enable pupils to:

- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

2. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach. We must teach relationships education under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#). We must teach health education under the same statutory guidance

3. Content and delivery

3.1 What we teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject. This Policy can be found on the school website or requested from the school office.

The school has a PSHE pathway, which is based on Kapow, but personalised to meet the needs of our community for example school nurse, risks of vaping.

Kapow is a comprehensive PSHE programme for the whole primary school from Early Years through to Year 6.

Kapow is designed as a whole school approach, covering different topics.

EYFS:

- Self-regulation
- Building relationships
- Managing self

Key stage 1 and 2:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

In Year 6, there is one additional topic 'Identity'

This ensures that there is a clear sequence as well as age appropriate progression in knowledge and skills. It brings together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning.

3.2 How we teach it

Many aspects of the PSHE curriculum are covered discreetly during the school day but each class teacher also teaches at least one PSHE lesson weekly. The teacher will then give the pupils time to return to discussion points that need more clarification etc. at other convenient times during the week.

These explicit lessons are reinforced and enhanced in many ways:

- Assemblies

- External visitors
- Through chosen texts within the English Spine
- Focused days and weeks that highlight aspects of the PHSE curriculum such as Anti-bullying week, World kindness day etc.

RSE is also taught within the personal, social, health and economic (PSHE) education curriculum.

Safeguarding

Teachers are aware that sometimes disclosures may be made during these sessions; in which case, safeguarding procedures must be followed immediately. Sometimes it is clear that certain children may need time to talk one-to-one after the circle / lesson closes. It is important to allow the time and appropriate staffing for this to happen. If disclosures occur, the school's safeguarding policy is followed.

Teaching sensitive issues

Sensitive and controversial issues are certain to arise in learning from real-life experience. Teachers will be prepared to handle personal issues arising from the work, to deal sensitively with, and to follow up appropriately, disclosures made in a group or individual setting. Issues that we address that are likely to be sensitive and controversial because they have a political, social or personal impact or deal with values and beliefs include: family lifestyles and values, physical and medical issues, financial issues, bullying and bereavement.

At Newdigate, teachers take all reasonable, practical steps to ensure that, where political or controversial issues are brought to pupils' attention, they are offered a balanced presentation of opposing views. Teachers will adopt strategies that seek to avoid bias on their part and will teach pupils how to recognise bias and evaluate evidence. Teachers will seek to establish a classroom climate in which all pupils are free from any fear of expressing reasonable points of view that contradict those held either by their class teachers or their peers.

Inclusion

Kapow is written as a universal core curriculum provision for all children. Inclusivity is part of its philosophy. Teachers at Newdigate tailor each lesson to meet the needs of the children in their classes. To support this adaptation, many Kapow lessons suggest creative learning activities that allow children to choose the media with which they work and give them scope to work to their full potential. To further help teachers adapt for children in their classes with special educational needs, each lesson includes suggested activities for children working below the expected level. Teachers are also able to seek advice and further support from the school's SENCo and SEND support manager.

In accordance with our Equality Policy all issues will be taught in a way that no pupil is subject to discrimination. Inclusive PSHE lessons will foster good relationships between pupils and tackle all types of prejudice, promoting understanding and respect.

Assessment

At Newdigate, teachers ensure children are making progress with their learning throughout their PSHE lessons.

Therefore, each topic has a built-in assessment task. This task is the formal opportunity for teacher assessment, but also offers children the chance to assess their own learning and have a conversation with the teacher about their two opinions. The task can be used as evidence for assessment. There are no national level descriptors for PSHE.

4. Roles and responsibilities

4.1 The governing board

The governing board will approve the PSHE policy and hold the headteacher to account for its implementation.

4.2 The headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

4.3 Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5. Monitoring arrangements

The delivery of PSHE is monitored by Linda Hutchinson (PSHE and RSE coordinator) through:

- Learning walks
- Pupil voice
- Floor books
- Discussions with teaching staff

This policy will be reviewed annually by the PSHE lead and Senior Leadership Team. At every review, the policy will be approved by the governing board.

6. Links with other policies

This policy links to the following policies and procedures:

- RSE Policy
- Safeguarding and Child Protection Policy
- ICT and Online Safety Policy
- Newdigate Code of Conduct
- Whistleblowing Policy
- Anti-Bullying Policy
- Behaviour Policy
- SEND Policy and Information Report
- Equalities Policy